

PRESS RELEASE: Monday 21 September 2015

### **Bodysurf Scotland at Culture Day**



Left: Lucy Suggate performing Liquid Gold

Right: Karl Jay-Lewin performing Extremely Bad Dancing to Extremely French Music

Following on from Bodysurf Scotland's recent Uprise Dance Festival, which brought dance in unusual settings to around 200 local people, the contemporary dance organisation is gearing up to take part in Findhorn Bay Arts' Culture Day on Saturday 26 September.

As part of this annual event, Bodysurf Scotland will be showcasing work by two internationally-recognised dance artists, whilst offering taster dance classes for children and young people.

#### **Culture Day: Dance Hub**

Between 11am and 5pm, three dance organisations will transform the Forres Masonic Lodge into a dance hub. Alongside the Royal Scottish Country Dancing Society and Deborah Jay-Lewin of Vital Moves, Bodysurf Scotland's Dance Development Officer Ellen Shaw will run a series of free taster dance classes.

Part of the organisation's #Everybody #Dance #Now programme the morning sessions (held at 11am and 12.30pm) will be dedicated to children aged 8 and under, whilst the afternoon sessions (held at 2pm and 3.30pm) will be suitable for young people aged 9 and upwards.

Ellen said: *"I'm looking forward to meeting anyone from the Forres area who is interested in getting involved in our #Everybody #Dance #Now programme. Our relaxed, free, taster sessions will be based on imaginative play, balancing and partner work."*

#### **Culture Night: Artistic Upstarts**

From 8pm at Forres Town Hall, Bodysurf Scotland will showcase work by acclaimed dance artists Lucy Suggate and Karl Jay-Lewin, as part of Findhorn Bay Arts' Artistic Upstarts - an evening of cabaret, performance, music and dance.

Lucy Suggate has gained recognition for her unique, irreverent style both across the UK and internationally, receiving 5 star reviews at the Edinburgh Fringe and being a Place Prize Finalist. Performing 'Liquid Gold' - a piece in which she captivates audiences with deliquescent moves and effective music and lighting - Lucy's work was one of the highlights of Bodysurf Scotland's Rise Dance Festival in 2014.

Karl Jay-Lewin is the Artistic Director of Bodysurf Scotland and an independent choreographer and dance artist. Based in Findhorn, Karl's work is described as being rooted in the post-modern, experimental dance scene - pushing boundaries, exploring edges and generally mixing things up. Karl will be performing quotes from work past, present and future, including the acclaimed "Extremely Bad Dancing to Extremely French Music", which confounds audiences as it flips between the absurd, humorous and poignant.

Bodysurf Scotland are delighted to be one of the many artists, creative businesses, organisations and community groups featured as part of Culture Day 2015. For more information on Culture Day or to book tickets for Artistic Upstarts, visit:

[www.findhornbayarts.com](http://www.findhornbayarts.com)

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#### **[NOTES TO EDITORS]**

Bodysurf Scotland is at the vanguard of a dance revolution. We are on a mission to promote and produce bold and imaginative events, offering people across the globe the opportunity to experience dance. Our reputation is built upon a potent combination of risk-taking, quality, and a commitment to challenging expectations. From our base in Findhorn, Moray, our activities include live dance performances, commercial workshops, community dance development and professional training. [www.bodysurfscotland.co.uk](http://www.bodysurfscotland.co.uk)

#### **[CONTACT]**

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